

What is claimed is:

1. A system to enable the removable conversion of a massage table to a hydrotherapy wet-table, said system having:

a frame, said frame being dimensioned to have an interior perimeter slightly greater than said massage table exterior perimeter and having:

a foot panel, said foot panel having a foot brace, said foot brace being substantially horizontal, and a foot upright, said foot upright being affixed to said foot brace at approximately a right angle and a pair of prongs, said prongs extending from said foot brace and dimensioned to be received by holes within a first end of said massage table;

a head panel, said head panel having a head brace, said head brace being substantially horizontal and a head upright, said head upright affixed to said head brace at approximately a right angle;

a head support, said head support being a support panel and a pair of prongs, said pair of prongs extending from said head support and dimensioned to be received by holes within a second end of said massage table and said support panel providing support for said head panel;

a pair of sidepieces, each of said sidepieces extending from said foot upright to said head upright and affixed thereto;

a waterproof sheet, said waterproof sheet being dimensioned to cover said massage table and said frame;

wherein said frame is supported by, and surrounds, said massage table to retain water within said waterproof sheet covering said frame.

2. The system of claim 1 wherein said foot brace has a length greater than said foot upright thereby enabling said sidepiece to rest on said foot brace.
3. The system of claim 1 further comprising a drain hole within said foot brace, said drain hole being connected to a drain system to remove water from said wet-table.
4. The system of claim 3 wherein said drain system is a water recycling system, said water recycling system comprising a pump, a hand held shower and a retaining vessel, said retaining vessel receiving water from said wet-table and said pump pumping water from said retaining vessel to said hand held shower, thereby circulating said water.
5. The system of claim 4 further comprising a heater within said retaining vessel, said heater maintaining said water at a predetermined temperature.
6. The system of claim 1 wherein each of said frame and said waterproof sheet further comprise interacting affixing means, said affixing means enabling said waterproof sheet to be attached to and removed from said frame thereby preventing said waterproof sheet from moving during use.
7. The system of claim 1 further comprising a head hole, said head hole extending through said head brace and aligning with a head hole in said massage table to enable a user to lie face down.
8. The system of claim 1 wherein each of said pair of sidepieces are at least two substantially equal lengths hinged together, thereby enabling each of said pair of sidepieces to fold.

9. The system of claim 1 further comprising a cover cloth, said cover cloth being placed over said waterproof liner to provide for user comfort.
10. The system of claim 1 wherein said head support angles said frame to cause water to run to the opposite end of said frame from said head support.
11. The system of claim 1 further comprising a U-shaped frame, said U-shaped frame having a length and a pair of ends:

a pair of frame walls, a first of said frame walls forming said length and having:

- a. an attachment base, said attachment base being less than the length of said sidepieces and being rotatably attached to said sidepieces;
- b. a horizontal support, said horizontal support having a length about equal to said attachment base;
- c. at least two vertical supports, each of said at least two vertical supports having a first end attached to said attachment base and a second end attached to said horizontal support;
- d. frame receiving members, said frame receiving members being positioned along said horizontal support;

a second of said pair of frame walls having:

- a. an attachment base, said attachment base being the length of said frame wall and being rotatably attached to said sidepieces;
- b. a horizontal support, said horizontal support having a length about equal to said attachment base;

c. at least two vertical supports, each of said at least two vertical supports having
a first end attached to said attachment base and a second end attached to said
horizontal support;

a top frame, said top frame having:

at least a pair of supports, each of said at least a pair of supports having rotatable
attachment members at a first end and interlocking members at a second end, said interlocking
members being positioned to be received by said frame receiving members;

a brace, said brace extending between said at least a pair of supports proximate said
interlocking members;

an appliance bar, said appliance bar extending between said at least a pair of supports to
enable at least one appliance to be positioned over a user .

12. The system of claim 11 wherein one end of said appliance bar is connected to a water
source and sealed at a second end, said appliance bar having multiple showerheads.

13. The system of claim 12 further comprising a waterproof covering, said waterproof
covering said pair of frame walls and said top frame.

14. The system of claim 13 further comprising waterproof end coverings, said waterproof
end coverings covering said ends.

15. The system of claim 11 wherein said appliance bar carries at least one lamp.

16. A system to enable the conversion of a massage table to a hydrotherapy wet-table, said
system having:

interacting affixing means, said affixing means preventing said waterproof sheet from moving during use and being attached to each of said frame and said waterproof sheet to enable said waterproof sheet to be attached to and removed from said frame;

a cover cloth, said cover cloth being placed over said waterproof sheet to provide for user comfort,

wherein said frame is supported by, and surrounds, said massage table to retain water within said frame.

17. The system of claim 16 wherein said drain system is a water recycling system, said water recycling system comprising a pump, a hand held shower, a heater, said heater maintaining said water at a predetermined temperature, and a retaining vessel, said retaining vessel receiving water from said wet-table and said pump pumping water from said retaining vessel to said hand held shower, thereby circulating said water.

18. The system of claim 14 further comprising a U-shaped frame, said U-shaped frame having a length and a pair of ends:

a pair of frame walls, a first of said frame walls forming said length and having:

- a. an attachment base, said attachment base being less than the length of said sidepieces and being rotatably attached to said sidepieces;
- b. a horizontal support, said horizontal support having a length about equal to said attachment base;

- c. at least two vertical supports, each of said at least two vertical supports having a first end attached to said attachment base and a second end attached to said horizontal support;
- d. shower frame receiving members, said shower frame receiving members being positioned along said horizontal support;

a second of said pair of frame walls having:

- e. an attachment base, said attachment base being the length of said frame wall and being rotatably attached to said sidepieces;
- f. a horizontal support, said horizontal support having a length about equal to said attachment base;
- g. at least two vertical supports, each of said at least two vertical supports having a first end attached to said attachment base and a second end attached to said horizontal support;

a shower frame, said shower frame having:

at least a pair of supports, each of said at least a pair of supports having rotatable attachment members at a first end and interlocking members, said interlocking members being positioned to be received by said shower frame receiving members;

a brace, said brace extending between said at least a pair of supports proximate said interlocking members;

Variable	Mean	SD	Min	Max
Age	34.2	10.5	18	65
Gender	Male	Female		
Marital status	Married	Single		
Education	High school	College		
Occupation	Manager	Worker		
Income	Low	High		
Health status	Good	Poor		
Smoking status	Smoker	Non-smoker		
Alcohol consumption	Regular	Occasional		
Exercise frequency	Regular	Occasional		
Stress level	Low	High		
Sleep quality	Good	Poor		
Dietary habits	Healthy	Unhealthy		
Family size	Small	Large		
Work-life balance	Good	Poor		
Life satisfaction	High	Low		
Overall well-being	Good	Poor		

waterproof end coverings, said waterproof end coverings covering said ends and preventing water from leaving said tent.

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20. The method of claim 17 further converting said hydrotherapy wet-table to an enclosed multi-head shower comprising the steps of:

- a. hingably connecting a support bar parallel to each side piece on said frame;
- b. connecting each leg of a U-shaped frame to each of said side pieces;
- c. connecting a water source to a water pipe in a top portion of said U-shaped frame, said water pipe containing shower heads;
- d. covering said U-shaped frame with a waterproof cover;

wherein said waterproof cover maintains water from said shower heads within said cover and said massage table.